

## Myringotomy Operation & Ventilation Tube Insertion



## Instructions after Myringotomy Operation and Ventilation Tube Insertion

A myringotomy is a procedure in which we make a small incision in the eardrum to drain out any fluid that has been accumulated in the middle ear to restore hearing which has been lost due to the fluid collection. We sometimes insert a small tube to keep middle ear ventilation. It can be done either with local anesthesia or under general anesthesia, either endoscopic or microscopic.

1. Patient may have some discomfort or pain 1 to 2 days after procedure, which can be relieved by analgesics.
2. Patient may notice a small amount of clear or yellow fluid draining from the ear. This is normal and may last for a few weeks.
3. Before shower, apply a thin layer of (Vaseline®) to a cotton ball and place it in your affected ear. You can also use a waterproof earplug instead.
4. Wear a waterproof earplug in your affected ear while swimming to prevent any water from getting into your ear canal. If any water enters ear canal, you may get an infection.
5. The tube will eventually fall out of your operated ear after 6-12 months.

### In these cases you have to visit the ENT department:

1. A temperature of (38.5° C) or higher.
2. Increased pain or discomfort in your affected ear that doesn't get better after taking medication.
3. A loss of hearing in your affected ear.
4. Green or yellow drainage coming from your affected ear.