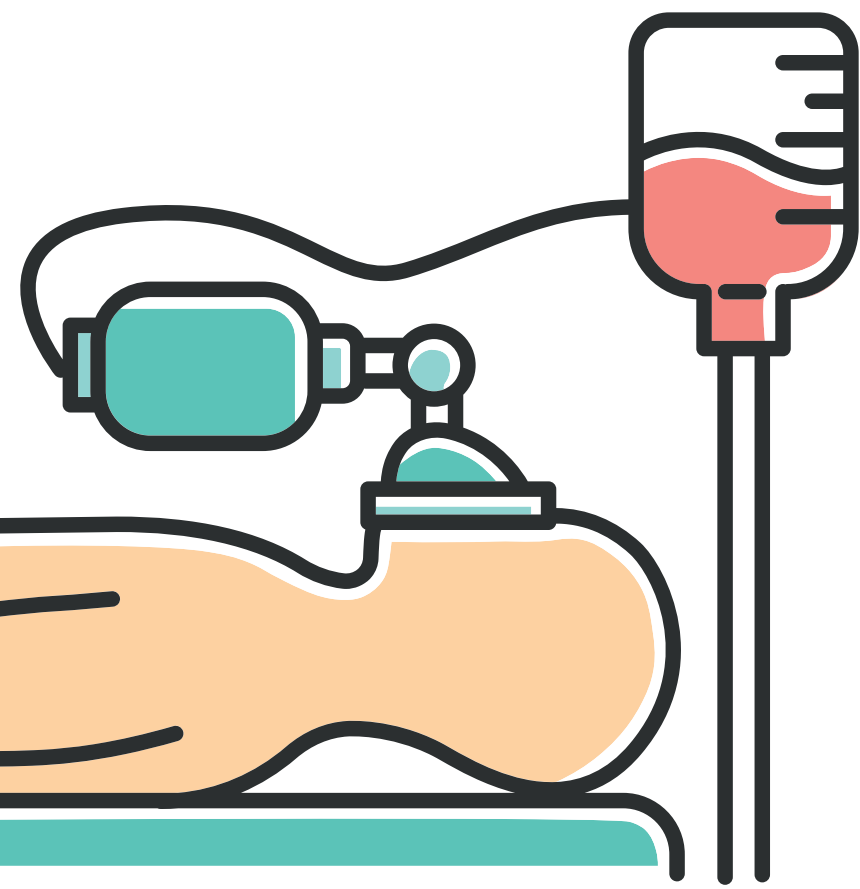


# What do I need to know before going under anesthesia?



1. If your surgery is scheduled for the morning, do not eat any food or drink any fluids after midnight.
2. If your surgery is scheduled in the afternoon, you may have a light meal (toast or the equivalent and clear liquids such as tea, black coffee, or apple juice) up to 8 hours before.
3. Please come as early as possible to the hospital to finalize the admission process.
4. If you regularly take medication in the mornings, follow the instructions given to you at your consultation appointment by your doctor.
5. Generally, important medicines can be taken at the normal time with a sip of water. Patients taking blood thinners or medication for diabetes require special consideration - this should be discussed with your doctor.
6. On arrival for surgery, you must be accompanied by a responsible adult who will ensure you get home safely.
7. Relatives need to remain in the room during the entire time of your surgery.
8. Shower, brush and floss your teeth and rinse with mouthwash prior to your surgery.
9. Jewelry, contact lenses, and dentures must be removed before surgery.
10. Do not wear lipstick, excessive makeup, or dark or metallic nail polish.
11. In case if any new compliant-symptoms developed please make sure to inform your caregivers (Nurse/ Doctor)

To contact the concerned medical department before the operation, don't hesitate to get in touch with our Contact Center at **1808088**